

Passport to Park Phitness Program

May 30, 2009

9:00-11:00 AM

Antczak Park – 1850 East 7200 South

Tennis Kick Off Free Tennis Clinic or walk min. of 1 mile

June 12, 2009

7:30-8:30 PM

Mount View Elementary – 1651E. Fort Union Blvd

Movie in the Park Walk min. of 1 mile

June 19, 2009

6:30-7:30 PM

Butler Park* – 7500 South 2700 East

American Cancer Society Relay For Life

Walk min. of 1 mile

July 10, 2009

7:30-8:30 PM

Mill Hollow* – 2900 East Hollow Mill Drive (6800 South)

Movie in the Park Walk min. of 1 mile

July 24, 2009

9:00-10:00 AM

Bywater Park – 3149 E. Banbury Road (7420 S.)

Butlerville Days - Family Bike Ride

Bike ride or walk min. of 1 mile

August 14, 2009

7:30-8:30 PM

Bywater Park – 3149 E. Banbury Road (7420 S.)

Movie in the Park Walk min. of 1 mile

September 19, 2009

2:00-3:00 PM

Mill Hollow* – 2900 East Hollow Mill Drive (6800 S.)

Bark in the Park Walk min. of 1 mile

October 17, 2009

10:00-11:00 AM

Timberline Trailhead* 7721 S. Timberline Drive

Walk min. of 1 mile (w/ option to continue to Ferguson Canyon)

* Stroller friendly trail

One bonus opportunity per person.

PASSPORT



to Park Phitness

The Passport to Park Phitness program is an opportunity for our community to get fit, meet people and explore the natural resources in Cottonwood Heights.



The Passport is your pass to a free opportunity of fun. There are eight opportunities to get a stamp in your passport (*see chart listing for details*). Once you collect 5 stamps in your passport, it is redeemable for a free entrance to public swimming or ice skating at the Cottonwood Heights Recreation Center. (*Ice skate rental is included*).

Bonus stamp opportunity. If you swim or ice skate (*admission fee required*) at the Recreation Center between May 30th to October 17th, you may get your passport stamped at the front desk. Only one bonus opportunity is allowed one per person. This provides an opportunity to get one stamp in your passport on your own schedule.



Passport books are available at the registration table at each of the events listed (*above/below*). One passport book per person please.

- Please remember all animals must be on leash and please bring dog bags with you.
- The walk will be held even in inclement weather.

Please come prepared.

- Wear comfortable walking shoes
- Bring umbrella, sunblock, hat, flashlight, waterbottle, etc.

So, bring your family out and enjoy the exciting free events, get some exercise, and earn a free swimming/skating activity to be enjoyed at your leisure!